

Lifegiver, Creator of this world

Give me strength to fight my greatest enemy, which is myself

Lately I've been hearing all the bad things and I remember them

and I can see only the bad things in life

I can smell and taste the bad things in life and talk about them

Lifegiver, I know there is good in this world-somewhere

Even someone to learn from

This is why I need your help, Lifegiver

To fight my greatest enemy, which is myself

To help me fight with my four ways of life

To be able to hear the good things

To be able to see the good things

smell and taste and talk about these good things of life

(prayer of a nine year old Native American youth - name unknown)